

10S Human Ecology

Mrs. Reimer (Food and Nutrition) Q1

Mrs. McAuley (Textiles Arts and Design) Q2

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1 credit

Course Content

- Three areas will be covered within the Food and Nutrition section of the Human Ecology course.
- **1st Area/Fundamentals of Nutrition**: the learning experiences in this area will assist students as they develop the knowledge and skills they need to evaluate nutrition knowledge and develop an appreciation of food to enhance the health and well-being of individuals, families, and communities.
- **2nd Area/Citizenship and Sustainability**: the learning experiences in this area will assist students as they develop the knowledge and skills they need to become citizens who look critically at people's quality of life—locally, nationally, and globally—with the desire to make positive changes towards a sustainable and equitable future.
- **3rd Area/Relationships and Influences**: the learning experiences in this area will assist students as they develop the knowledge and skills they need to build and maintain positive relationships and to understand the issues and challenges that affect individuals, families, and communities.

Topics Covered

- **Demonstrate an understanding of fundamentals of nutrition.**
 - Develop an understanding of nutrients.
 - Food literacy for achieving and maintaining health and wellness.
 - Relationship between food choices with health and wellness.
- **Demonstrate an understanding of citizenship and sustainability.**
 - Food security and social justice.
 - Explore sustainable food production and consumption practices.
- **Demonstrate an understanding of relationships and influences around food choices.**
 - Develop understanding of healthy food relationships.

Assessment

Knowledge and Concepts (30%)

- Assignments (daily work)
- Homework
- Discussions
- Mini Projects

Application (20%)

- Final Project (Due November 2020)

Creating the Grade

- Grades will be based only on the demonstration of an individual student's knowledge and skills of the outcomes for each course.
- Only items marked by the teacher will determine a student's grade.
- Grades are based on individual student achievement, not group achievement.
- When determining a grade, the teacher will decide whether there is sufficient evidence of achievement. If not, the mark can be reported as an "IN" (incomplete). Teachers will determine with students and parents/guardians a plan for completion of work.

Establish, communicate, and apply consequences for late and missing work.

Students must understand that there will be consequences for not completing assignments that provide evidence of learning or for submitting those assignments late. If, after establishing and clearly communicating expectations regarding assignments, setting and communicating timelines for assignments, and supporting student learning using the strategies provided above, student work is still late or missing; teachers will apply the following strategies:

- Confer with the student and, where appropriate, with the student's parent/guardians about the reasons for completing the assignment, and consider the legitimacy of reasons;
- Develop an agreement with the student to complete the work;

If, after completing the steps above, the student does not hand in the assessment by the agreed upon deadline, a zero may be used as a mark as the student has not demonstrated any knowledge or skill of the outcome.

The consequence for not completing work is to complete the work. Late works will not be subtracted from an assignment as it is purely punitive and doesn't measure learning. The assignment will either be completed or given a zero.

The fully policy is available on the SCI website under "Student Handbook".

Class Expectations

- Be on time and prepared to learn. You must bring your own supplies (pen and paper). Enough notice will be given if students require extra materials.
- Please respect everyone.
- Be responsible for your own learning.
- Remember to regularly wash your hands and wear a mask if social distancing is not possible. Stay home if you're feeling sick.
- Stay in your assigned seat.
- Electronic devices must be kept away during class, unless you have permission.
- No food, candy, or gum are allowed during class time. Students are encouraged to bring re-usable water bottles.